



KNOW THE SYMPTOMS

* In self-assessing possible COVID symptoms, the following text (taken from the Victorian DHHS website) highlights the symptoms to watch out for:

The symptoms to watch out for are as follows:

- Fever
- Chills or sweats
- Cough
- Sore throat
- Shortness of breath
- Runny nose
- Loss of sense of smell or taste

In certain circumstances headache, muscle soreness, stuffy nose, nausea, vomiting and diarrhoea may also be considered.

What if I feel tired or fatigued?

Feeling tired or fatigued is common with a lot of illnesses, including coronavirus (COVID-19). If you are feeling tired and have any of [the symptoms](#), you should see your doctor about getting tested for coronavirus (COVID-19).

